



## FRUIT-VEG-N-CHEESE KABOBS

### Ingredients (1 Serving)

- Any fruit or vegetable that's able to be placed on a skewer (grapes, strawberries, kiwi, oranges, bananas, melons, cucumber, peppers, tomatoes etc.)
- Cheese
- Yogurt to dip (optional)
- Wooden skewers or round toothpicks

### Directions

- Wash and cut all vegetables and fruits into cube shapes.
- Cut cheese into squares or triangles.
- Using skewer, create kabob using a variety of vegetables, fruits and cheese combinations. Try something new!