



RACING ROLL-UPS

Ingredients (1 Serving)

- ½ cup cream cheese (softened)
- ½ cup Ranch dressing
- Shredded cheese
- Finely chopped broccoli
- Peppers (any colors)
- Green onion
- Optional: sliced turkey or ham

Directions

- Blend together cream cheese and ranch dressing.
- Spread onto 4-5 large size whole grain tortillas.
- Top with a mixture of grated lower fat cheese and finely chopped broccoli, peppers (any colors) and green onion.
- Roll up the tortillas tightly. Slice into 2.5 cm (1 inch) portions and serve.