



VEGELABLE BARLEY SOUP

Ingredients (12 Servings)

1 1/2 cans (19 oz/540 ml)	diced tomatoes
2 litres (L) and 1 cup (2250 ml)	chicken broth (reduced sodium)
3/4 cup	diced potato
3/4 cup	diced celery
3/4 cup	diced onion
3/4 cup	diced carrot
3/4 cup	diced turnip
3/4 cup	barley
Dash	ground black pepper

Ingredients (36 Servings)

4 1/2 cans (19 oz/540 ml)	diced tomatoes
6L and 3 cups (2750 ml)	chicken broth (reduced sodium)
2 1/4 cups	diced potato
2 1/4 cups	diced celery
2 1/4 cups	diced onion
2 1/4 cups	diced carrot
2 1/4 cups	diced turnip
2 1/4 cups	barley
1 tsp	ground black pepper

Directions

- In a large saucepan, over medium heat, combine broth, potato, celery, onion, carrot, turnip, barley and pepper to taste.
- Bring to a boil
- Reduce heat, cover and simmer for 1 hour or until barley is soft.